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## The Role of Guidance and Counseling Teachers in Improving Discipline in Generation Z

Siska Aprelyani<sup>1</sup>.

<sup>1</sup>Student of the Faculty of Economics & Business, Bhayangkara University, Jakarta, Indonesia, [siskaaprelyani1@gmail.com](mailto:siskaaprelyani1@gmail.com)

Corresponding Author: [siskaaprelyani1@gmail.com](mailto:siskaaprelyani1@gmail.com)<sup>1</sup>

**Abstract:** The Role of Guidance and Counseling Teachers for Generation Z. The aim is to analyze whether guidance and counseling teachers can play a role in improving discipline in generation Z. The method of writing this scientific article is by using the library research method, which is sourced from online media such as Google Scholar, Mendeley, and other online media. The results of this study are: 1) Guidance and Counseling Teachers play a role in Generation Z; 2) Discipline plays a role in Generation Z, 3) Guidance and Counseling Teachers play a role in improving Discipline in Generation Z. Apart from these 2 exogenous variables that influence the endogenous variables of Generation Z, there are many other factors including the principal, quality of education, curriculum.

**Keywords:** Guidance and Counseling Teachers, Discipline, Generation Z.

### INTRODUCTION

In the world of education that is faced with various challenges and problems that must be faced, of course it takes determination and hard work to educate students so that they can have good discipline. We certainly know that there are many phenomena of violations that occur among students who are studying. Schools strive to implement rules in an effort to shape the character and civilization of a dignified nation that produces the next generation of the nation in accordance with the human personality based on Pancasila (Yuhasnil, 2021).

This generation has a characteristic where the internet has developed rapidly along with the development of electronic and digital media. Children can access information quickly and easily. This causes children to be impatient to wait for the process. Children always rely on answers to every question and life challenge from information on the internet. They do not know that not all life problems can be solved with technology. Some life problems must be solved through a long process by themselves, through contemplation, physical effort, psychological effort, and also require real help from others, not virtual. Education is a system with several integrated parts. Guidance and counseling as an integral part of the education process has a contribution in preparing quality Generation Z human resources. In the perspective of guidance and counseling, students are individuals who are in the process of developing or becoming (becoming), namely developing towards maturity or independence.

According to Caraka & Nindiya (2015: 55), to achieve maturity, individuals need guidance, because they still do not understand their abilities, their environment and experiences to achieve a good life (becoming quality human resources).

The development of generation Z is very complex. Meanwhile, educators who were born in the previous era are still not used to it so that educators often claim to be "gaptek" (technologically illiterate). To address this, there needs to be new innovation in the teaching and learning process so that it is in accordance with this character (Purnomo, 2016). This process is not solely through learning activities but also requires psychoeducational services in the form of guidance and counseling services.

From here, it can be seen that developmental guidance and counseling will play a major role in improving the discipline of generation Z. Therefore, it is necessary to study the role of guidance and counseling in improving the discipline of generation Z from a comprehensive guidance and counseling perspective.

This study aims to determine whether guidance and counseling teachers play a role in increasing discipline in Generation Z. Based on references to the problems explained previously, the questions in this scientific article are as follows:

- 1) What is the role of a Guidance and Counseling Teacher?
- 2) What is the role of Discipline?
- 3) How do Guidance and Counseling Teachers improve Discipline in Generation Z?

## **METHOD**

The research method used is descriptive research. The research method uses literature study or library study. Library study is searching for research data or information by reading scientific journals. The steps taken to obtain information or data are to carry out library data collection methods, read and record, and manage research materials.

## **RESULT AND DISCUSSION**

### **Results**

The results of this article based on the background of the problem, objectives and methods are as follows:

### **Generation Z**

Generation Z is a generation born between 1995 and 2010 AD. Generation Z is the next generation of millennials with technology that continues to develop, some of whom are descendants of generations X and Y. Also known as the iGeneration which means network generation or internet generation. The network generation or internet generation is a society that lives in the digital era. Viewed from the period 1995 to 2010, if calculated the age of Generation Z includes 3 stages, namely childhood, 32 adolescence, and early adulthood. However, researchers focus on Generation Z between 2007 and 2010, or from the ages of 13 to 16 years.

Generation Z has a unique character and is very different from the character of previous generations. The very strong influence of technology is reflected in, for example, generation Z's dependence on gadgets and short concentration duration (Ozkan & Solmaz, 2015).

This Generation Z has been studied extensively by previous researchers, including: (Aprilyani, S., Ali, H., 2024), (Bakti, CP, & Safitri, NE, 2017) , (Rahayu, S., Hajjah Ristianti et al., 2023) , (Aisah, H., & Ruswandi, U., 2020).

## **Guidance and Counseling Teacher**

Guidance and counseling teachers are professional officers, meaning they have been formally prepared by an accredited institution or educational institution and have been specially trained to master a set of skills required for guidance and counseling work. Guidance and counseling is a job that requires professional staff qualifications, people who are not trained, have not been trained and do not have special preparation in advance to carry out the job cannot do it.

Guidance and Counseling Teachers must have the ability to act and behave in a friendly and wise manner to students, Guidance and Counseling teachers must be able to position themselves and understand the circumstances of their students. Guidance and Counseling Teachers in educational institutions or schools have a very important role in the formation of students' personalities and characters so that they can overcome all problems that arise, both in the personal, social, learning, and career fields. Thus, students can overcome their problems and find their desired ideals according to expectations.

This Guidance and Counseling Teacher has been studied by previous researchers, including: (Noviaty, D., Yuliansyah, M., et al., 2018), (Saputra, K., & Fitriani, W., 2022), (Firosad, AM, 2019), (Istikomah, N., 2016).

## **Discipline**

In terms of language, the word "discipline" comes from Latin, namely *Discere* which means to learn. From this word arises the word *Disciplina* which means teaching or training. Currently the word discipline has developed meaning in several senses. First, discipline means compliance with regulations or subject to supervision and control. Second, discipline as a training that aims to develop oneself in order to behave in an orderly manner.

The implementation of good and strong discipline in the education process will produce a strong mentality, character and personality. In school, students learn discipline, such as in learning to read, learning to love books, and learning how to learn. All of this will be successful if teachers can discipline themselves. (Yamin and Ansari, 2008).

This discipline has been studied by previous researchers, including: (Arafat, MY, Ali, H., et al., 2020), (Susanto, P, Ali, H., et al., 2024), (Juana, S., Ali, H., & Rosadi, KI, 2023), (Muhajirin, A., Ali, H., et al., 2024).

## **Discussion**

### **The Role of Guidance and Counseling Teachers**

Guidance and counseling teachers are professional officers, which means that they have been formally prepared by authorized educational institutions or agencies, they are specially educated to master a set of competencies required for guidance and counseling work. Guidance and counseling is a job that demands expertise from its officers and cannot be done by other people who are not trained, educated and not specially prepared in advance to do the job.

A professional counselor is someone who is considered an expert in the field of guidance and counseling and has mastered various skills and intellectual abilities, and is able to provide unique and meaningful services for the development of all students at school. The duties of guidance and counseling teachers are related to the self-development of students in accordance with the needs, potential talents, interests and personalities of students at school.

Based on the definition of a counselor that has been stated above, it is clear that a counselor is someone who studies guidance and counseling and can professionally carry out guidance and counseling services with a minimum educational background of S1 majoring in BK. One of the services carried out by counselors is individual counseling services. In individual counseling services, a counselor must be able to develop his/her

insight, knowledge, skills, and attitude as a counselor.

This research is in line with previous research conducted by, among others: Widodo, H., Heni, N., & Apif, MT (2020), (Sudiansyah, S., Lutfi, M et al., 2023), (Harita, A., Laia, B., & Zagoto, SFL, 2022), (Bu'ulolo, S., Zagoto, SFL, & Laia, B., 2022).

### **The Role of Discipline**

Discipline plays a vital role in achieving goals and increasing productivity. With discipline, individuals can set plans and follow the steps required to achieve their targets. This helps avoid procrastination and increases consistency in actions, which in turn accelerates goal achievement. For example, in the context of education, students who are disciplined in studying tend to be more successful in exams and achieve better academic results.

In addition, discipline also contributes to character development and social relationships. Discipline teaches responsibility, perseverance, and commitment, which are important values in life. In social interactions, individuals who are disciplined in communicating and respecting other people's time can build better relationships and trust each other. Discipline creates a positive environment, both in personal and professional contexts, thus improving the overall quality of life.

One of the factors that can support guidance and counseling teachers towards the condition of learning discipline for students is the motivation of the students themselves, also assisted by teachers who always work together from subject teachers, class teachers, to the head of the madrasah. As an educator, it is appropriate to provide direction to make their students become good individuals and have broad knowledge. The goal is to create this, so discipline is the main capital that must be possessed by students and teachers.

This research is in line with previous research conducted by, among others: (Aji, AW, 2020), (Nursyifa, SA, & Rosita, T., 2021), (Amala, AK, & Kaltsum, HU, 2021), (Rufaedah, EA, 2021).

### **Guidance and Counseling Teachers in Improving Discipline in Generation Z**

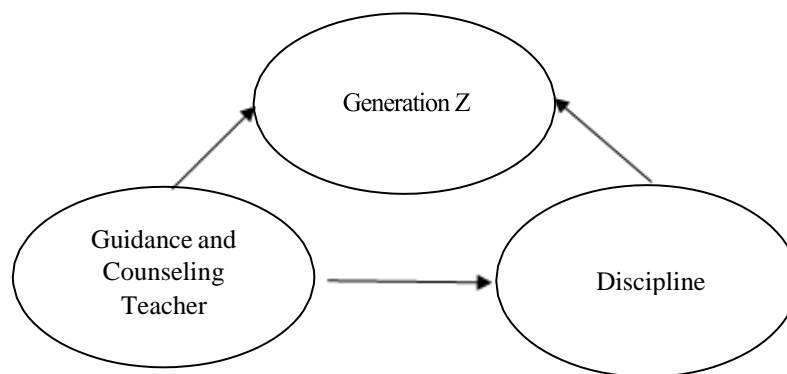
Guidance and counseling teachers have a role in encouraging the development of generation z students and helping to solve their problems. Discipline is the main thing that students need in school life, discipline is a problem that often arises in the school environment.

As with the function of counseling guidance, namely helping individuals to face their environmental situations (Gunawan, 2001:44). Because here the counselor's task is to be a partner to the client as a place to channel feelings or as a guide when confused or a source of encouragement when discouraged with the aim of re-establishing his shaken personality (Sarwono, 1997:226).

This illustrates that the Guidance and Counseling teacher plays a role in the process of educating children about discipline at school, so that the tasks assigned to him are very important for the continuity of students at school. Because discipline at school is the main capital for students outside of school. As a student, discipline is the main thing that must be possessed in the teaching and learning process. By being disciplined, students will easily achieve aspects at school. So the role of the Guidance and Counseling teacher is very necessary.

### **Conceptual Framework**

Based on the problem formulation, theoretical studies, relevant previous research and discussion of the influence between variables, the framework for this article is as follows.



**Figure 1. Conceptual Framework**

And there are many other factors that influence the Quality of Education (Y), including:

- 1) Headmaster : (Ali, H., & Mailina, S., 2024), (Juita, DP, Ali, H., 2024), (Minsih et al., 2019), (Setiyati, S., 2014), (Siregar et al., 2022).
- 2) Curriculum : (Ali, H., & Safri., 2022), (Mulyasa, HE, 2023), (Vhalery et al., 2022), (Gusteti et al., 2022), (Pebriyanti., 2023), (Mulia et al., 2023).
- 3) Quality of Education: (Ali, H., & Fardinal., 2022), (Anwar., 2018), (Juliantoro, M., 2017), (Maulansyah, R., 2023), (Suparliadi, S., 2021).

## CONCLUSION

This study aims to determine whether guidance and counseling teachers play a role in improving discipline in Generation Z. Based on the article's questions, the following conclusions can be drawn from this study: 1) Guidance and Counseling Teachers play a role in Generation Z; 2) Discipline plays a role in Generation Z, 3) Guidance and Counseling Teachers play a role in improving Discipline in Generation Z.

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